



The Salisbury Centre welcome you to...

# THE GRIEF SERIES



**A safe space for all to explore Grief together and talk about the many facets of Loss**  
(FREE OR BY DONATION)

**TUESDAYS**

- GRIEF TENDING** hosted by the Edinburgh Men's community **23 Feb**  
19:00 - 21:30pm
- REMEMBRANCE of LOVED ONES** hosted by Cathie Wright **2 March**  
18:00 - 20:00
- CREATIVE PRACTICES TO HONOUR DEATH** hosted by Francesco Benvenuti **9 March**  
18:00 - 20:00
- HOLDING GRIEF CEREMONIES IN YOUR COMMUNITY** hosted by Em Burns **16 March**  
18:00 - 20:00
- DEATH CAFE'** hosted by the Edinburgh Men's community **23 March**  
18:00 - 20:00
- TOUCH FOR GRIEF** - Hosted by Tamsin Grainger  
Author of Working with Death and Loss in Shiatsu Practice **30 March**  
18:00 - 20:00
- DEATH WISDOM FROM MESO-AMERICAN TRADITIONS** **6 April**  
With guest wisdom keeper from Mexico (live English translation) 18:00 - 20:00

**For more info and joining instructions visit:**  
[www.salisburycentre.org/event/griefseries](http://www.salisburycentre.org/event/griefseries)

Each session will stand alone and suggest a main theme for exploration. Any sharing about death and grief are welcome, may that be prayers or words of remembrance. This will be a safe, inclusive space to be together and talk about something that is rarely talked about. There will be no obligation to share

Some extra resources and events not part of this series yet still related to grief tending

[www.GriefTending.org](http://www.GriefTending.org)

[www.DeathCafe.org](http://www.DeathCafe.org)

**Rivers of Grief, 18 April 2021 - EICSP Workshop with Phyllida Anam-Aire**