

Letter from the Future

Dear 2023 ancestors...

- ... Practice appreciation & joy
- ... Look inside
- ... Be honest
- ... Embrace (y)our pain
- ... Heal trauma
- ... Treasure the lessons you've learned
- ... Bow down to nature
- ... Tune into listening
- ... Remember animals have souls and wisdom
- ... Value your own medicine & that of plants
- ... Recognise that both the problems are real and your power is real
- ... Don't go too near machines & computers (they are red herrings)
- ... Have faith in that which you're led to do matters
- ... Learn to work together
- ... Remove harmful hierarchies & change the structures and practices that shape life
- ... Share food together
- ... Rest ensured that it will all work out - but it took hard work and a big social movement!

The contributions the Salisbury Centre community can make to a thriving future include...

- ... Finding ways to remember our vision on a daily basis
- ... More inclusive ritual, ceremony and other gathering spaces for everyone in the community
- ... Embracing diversity of perspectives and backgrounds
- ... Intergenerational, communal living
- ... Valuing interaction and real communication over rules and regulations
- ... Advocating for & protecting nature
- ... Embracing the periphery, being part of wider networks and communities.

A letter from the future that we received from a council of future beings living in the year 2223, sent back in response to a time capsule they found.

The letter arrived in a Work That Reconnects workshop on 25 June 2023 at the end of the 50th anniversary celebrations.